



SARILA SPA

LAO TRADITIONAL MASSAGE

ນວດແຜນບູຮານລາວ



The Lao Traditional Massage releases tension in the muscles of your body, by a combination of pressure applied to the limbs, back and head in a soothing manner, This Lao-specific treatment uses well-tested techniques that have been developed over centuries

60 Minutes: 25 USD

90 Minutes: 35 USD

120 Minutes: 40 USD



LAO TRADITIONAL MASSAGE WITH MIXED HERBS

ນວດແຜນບູຮານລາວປະຄົບ



This massage combines the application of several Lao herbs. This is considered by Lao people to be beneficial to health and can be very helpful in relieving everyday aches and pains, and is extremely effective in loosening muscle tightness

60 Minutes: 30 USD

90 Minutes: 40 USD

120 Minutes: 50 USD



SARILA SPA

FOOT MASSAGE AND REFLEXOLOGY

ນວດເທົ້າ



Applying pressure to these reflex areas can promote health in the corresponding organs through energetic pathways. The calming sensation and feeling of well-being and relaxation after having the feet massaged is a good enough reason to spend some time in the good hands of our staff.

60 Minutes: 25 USD

90 Minutes: 35 USD

120 Minutes: 40 USD

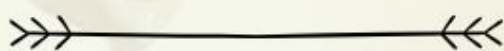


SARILA SPA

AROMATHERAPY MASSAGE

(PRODUCT FROM YOUR CHOICE)

ນວດນໍ້າມັນ



Aromatherapy has become a standard method of relaxing the body. Sarila Spa uses special high quality oils that are applied to the limbs, feet, back and neck in a manner that leaves one feeling refreshed, relaxed, and with a sense of well-being.

Aroma Oil Selections:

Lavender

Rosemary

Refreshing

Vitamin A

Romantic

Relaxing

Peppermint

Orange

Lemon grass

60 Minutes: 35 USD

90 Minutes: 45 USD

120 Minutes: 60 USD



SARILA SPA

SPORT MASSAGE

ນວດກິລາ



This technique is light and brisk. It is used to enhance athletic performance by fastening recovery. The purpose of this type of massage is to prepare the athlete for top performance, promote flexibility, drain away fatigue, reduce muscle tension, relieve swelling, and to help prevent injuries.

60 Minutes: 38 USD

90 Minutes: 48 USD

120 Minutes: 65 USD



SARILA SPA

BODY SCRUB (PRODUCT FROM YOUR CHOICE)

ຂັດຜິວ



Exfoliating has always been an important step in all skincare treatments - be it a simple facial or a complete spa experience. End result, rejuvenated skin by exposing the smoother and supple layer of skin after removal of the dead skin layer.

Scrub Cream Selections:

Leelavadee

Papaya

Coffee

Coconut

Tamarind

Gold

60 Minutes: 35 USD

90 Minutes: 45 USD

120 Minutes: 60 USD



SARILA SPA

HAIR WAX (PRODUCT FROM YOUR CHOICE)

ແວັກຂົນ



At Sarila Spa, we are using beeswax formula by our experience therapist. The wax is applied warm, then removed gently, leaving skin absolutely smooth.

Eyebrow wax, head and shoulder massage 18 USD

Under arm wax and shoulder massage 18 USD

Full arm Wax 18 USD

Half Legs Wax 18 USD

Full Legs Wax 30 USD

Back or Chest Wax 24 USD

Bikini Wax 18 USD

Brazilian Wax 24 USD

Whole Body 80 USD

(Eyebrow, underarm, full arms, full legs, chest or back and bikini or Brazilian)



SPA PACKAGE



With a tranquil space and dedicated therapists, you will have yourself revitalized to get ready for new tasks.

We proudly present you our carefully selected spa packages to bring you the best benefits from variety of body cares.

Package 1 - 2 hour 39 USD

Foot Massage - 30 minutes

Lao Traditional Massage - 60 minutes

Shoulder and Head Massage - 30 minutes

Package 2 - 2 hour 49 USD

Foot Massage - 60 minutes

*Aromatherapy Massage with your choice of aroma oil
- 60 minutes*

Package 3 - 2 hour 54 USD

*Body Scrub with your choice of scrub cream - 60
minutes*

*Aromatherapy Massage with your choice of aroma oil
- 60 minutes*

Package 4 - 2 hour 54 USD

Facial Treatment - 60 minutes

Lao Traditional Massage - 60 minutes

Package 5 - 2 hour 59 USD

Facial Treatment - 60 minutes

*Lao Traditional Massage with mixed herbs - 60
minutes*



SPA PACKAGE



Package 6 - 2 hour 59 USD

Facial Treatment - 60 minutes

Body Scrub with your choice of scrub cream - 60 minutes

Package 7 - 2 hour 30 minutes 59 USD

Body Scrub with your choice of scrub cream - 60 minutes

Milk and Mineral Bath - 30 minutes

Aromatherapy Massage with your choice of aroma oil - 60 minutes

Package 8 - 2 hour 59 USD

Facial Treatment - 60 minutes

Aromatherapy with your choice of aroma oil - 60 minutes

Package 9 - 2 hour 69 USD

Facial Treatment - 60 minutes

Body Scrub with your choice of scrub cream - 30 minutes

Milk and Mineral Bath - 30 minutes

Package 10 - 3 hour 85 USD

Body Scrub with your choice of scrub cream - 60 minutes

Aromatherapy with your choice of aroma oil - 60 minutes

Ageless or Vitamin C Facial Treatment - 60 minutes